



## NATIONAL COMPADRES NETWORK

# 20 ANNUAL REPORT

"Within the collective Dignity, Respect, Trust and Love of all people exists the wisdom, practices, and resources for healthy and Harmonious wellbeing."

- Maestro Jerry Tello



### Bienvenidos

Welcome to this glimpse into the National Compadres Network community, highlighting the powerful efforts of our staff and partners, and the outcomes for the many people and communities we serve.

this year's report, we emphasize compromiso, our fulfilment of the agreements that we make with the people that we serve. 2021 marked our return to "normal" after three years of social distancing due to the COVID-19 virus. The social isolation was a formidable challenge to the National Compadres Network (NCN) that has for years advocated for and promoted healing through face-to-face contact, sharing from the heart and ceremony. Our dedicated staff met the challenge, developing webinars and podcasts that strove to capture and convey the "spirit" that has always defined our work.

For many the distancing became isolation, deep sadness and grieving for lost relatives and dear friends. Our on-line circulos and trainings provided not only the skills, but the critical contact that inspired. Podcasts by NCN staff and other practitioners in our network helped guide others through these very critical times.

None of what we do would be possible without the strong relationships and always challenging but always rewarding work we do together. With the support of you and all our partners, we will continue to strengthen our ability to expand our reach and impact.

### - Bendiciones



Leo Lopez





## Mission & Purpose

Founded in 1988, the National Compadres Network (NCN) strives to re-root and strengthen individuals, families, and communities to honor, rebalance, and redevelop the authentic identity, values, traditions, and indigenous practices of Chicano, Latino, Native, Raza, and other communities of color. This is the path to honoring all our relations, and creating lifelong wellbeing.

As a 501(c)(3) nonprofit organization, NCN is a national voice for racial and gender healing and equity. Through our culture-infused presentations, training, capacity building, technical assistance and collective impact-building we seek to change the systems that support inequity and oppression. Our technical experts and system leaders help individuals and groups move from understanding and quantifying trauma to converting that knowledge into experience.

We bring together culturally-rooted and nationally recognized leaders and work with community leaders and decision makers to co-create strategic, sustainable systems.

We support our partners as they work to reduce substance abuse, domestic violence, child abuse, teen pregnancy, gang violence, heterosexism, racial inequity and other individual, family, community and social issues.



### La Cultura Cura

#### A Transformation Learning and Healing Philosophy

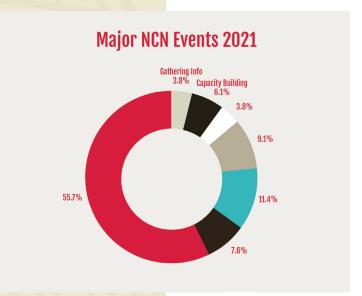
Developed by Jerry Tello through over 30 years of supporting individuals, families, communities and organizations, it is the core philosophy of all the National Compadres Network's programs and curricula. The philosophy is based on an indigenous worldview, acknowledging that all people have life-supporting ancestral traditions, practices and values. La Cultura Cura (LCC) contends that maladaptive thinking, feeling and behaving stems from disconnection, precipitated by unresolved, often intergenerational trauma. The LCC healing process reconnects people to their authentic sense of self as well as people in their families and communities. Through LCC strategies and interventions, people learn to live in dignity, with respect for self and others, more confident and secure. Moreover, we believe that healing is reciprocal – the reconnection helps both the individual as well as family, community and society in which the person lives.

#### Top Take-aways for La Cultura Cura Overview Sessions

As part of our work, we ask people to share with us, in their own words, what they experienced, felt and learned. The feedback for the *La Cultura Cura* overview is that people,

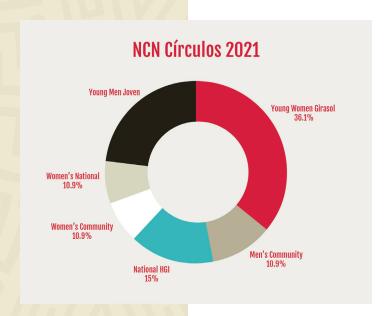
- Become more aware of the Importance of being open and accepting of others
- Feel more connected, empathy, compassion for others
- Leave with a better understanding of trauma, the healing process

## **Major Events and Activities**



In 2021, NCN interacted with 3,582 people, in 264 major events.

- Training Circle Keepers in Transformational Learning
- Racial Healing & Equity
- · La Cultura Cura
- Joven Noble
- Fatherhood
- Girasol



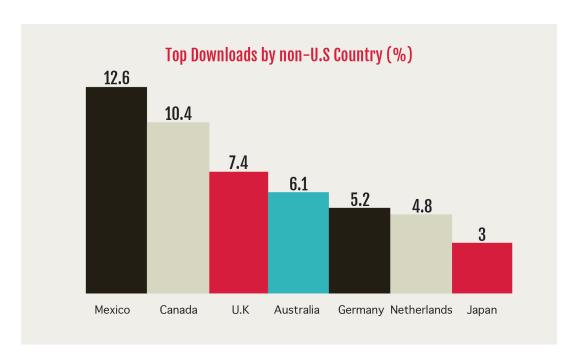
#### **Conducted 146 círculos**

- Girasol and Joven Noble curricula
- Talking circulos for Healing Generations Institute members
- Community talking círculo

During the pandemic, NCN virtual círculos and kept people engaged and connected. More importantly, the gatherings provided participants a space to grieve their lost ones - to heal and see hope in tomorrow.

### **Podcasts**

46 podcasts published in 2021, 1,500 downloads, reaching 6 continents, 63 countries and all 50 American States



Throughout the year, NCN staff and network partners have reached out, shared insights and touched hearts – guiding people through the pandemic's hardships and social isolation

## **Top 10 Podcasts - 2021**

1010 The Four, Rooted Teachings of Life

902 Healing Generations of Pain, Trauma and Inequity

842 Introducing: Healing Generations

627 Wisdom Teachings on the Journey to Healing, P.1

613 Community Based Healing

579 Overcoming the Shadow

554 Your Ancestor's Voice

518 The Next Generation of Warriors

509 The Journey of a Wisdom Carrier

504 The Body Keeps the Count

Maestro Jerry Tello

**Gref Hodge** 

Maestro Jerry Tello

Concha Saucedo

Grace Sesma

Dr. Ricardo Carrillo

Mee Moua

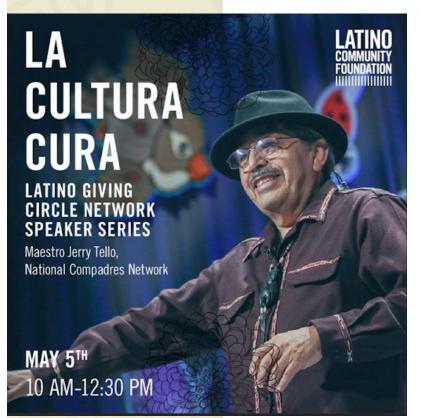
A. Jimenez, AB Ozuna, D. Sanchez

Ysidro Macias

Kwelo Tutashinda, DC

### **Social Media**

Through social media platforms, NCN reaches out on a daily basis, sharing wisdom, guidance and hope to all, Ánimo





#### **Facebook Page**

- 61,521 reaches
- 3,645 visits
- 403 new likes and follows



#### Instagram

- 31,827 reaches
- 11,355 profile visits

### Top Posts of 2021

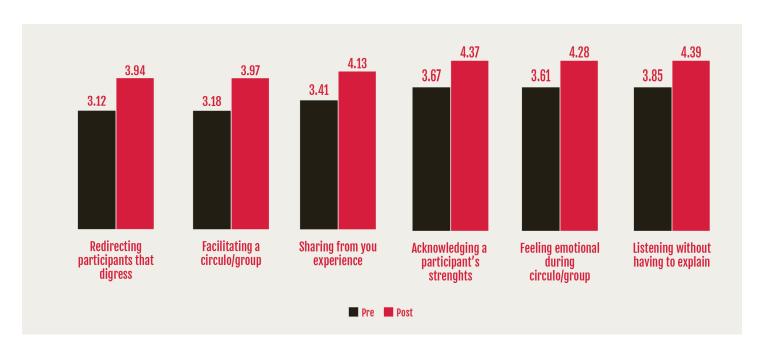
Sacred Fatherhood	Jairo Bustos	June 18, 2021
La Cultura Cura	Jerry Tello	May 5, 2021
National farmworker Awarness Week	March	
You are a Blessing	Maestro Jerry Tello	
Standing with our Asian Friends		
Virtual Healing and		

Wellness Week



## Impact – Healing-Informed Skills

#### **Healing-informed Skills among Educators**



#### Cirlce Keeper Training Take-Aways Santa Clara Office of LGBTQ Affairs

Servie Providers(17)	Adult Caretakers(17)			Youth Leaders(18)	
Theme	%	Theme	%	Theme	%
Understanding of healing process	27.9	Feel safe, connected to others	47.6	Connection, empathy for others	16.7
Specific tools for running a círculo, healing process	18.6	Appreciation, experience in a círculo	19.0	The importance of listening	14.6
Feeling connected to others	18.8	Specific skills, ability to run create space, run círculo	19.0	Specific "tools" for "holding space", runnning a círculo	12.5

<sup>&</sup>quot;I came in to this training thinking I was going to just learn how to help the youth I work with; never did I expect that a training would help me with my own personal experience. I had a lot of self-reflection on my drive home and want to continue to heal while helping our youth"

- San Bernardino School District Training 12.21



#### Racial Healing Practitioners Network (RHPN)

With funding from the Kellogg Foundation, NCN is bringing together healing practitioners from throughout the country and from different traditions - establishing kinship, sharing experiences - fostering commitment - toward supporting healing informed practices that build promote racial and gender equity

Wisdom Keepers that carry the inspiring - guiding words, the drum, rattles and songs of our ancestors

Fellowship Program reaching out to the generations that follow us

National Resource Center - Access to state-of-the art Healing - informed information for all

Racial Healing Practitioner Certification – in Collaboration with the Center for Community Philanthropy (CCP) and the Center for Culturally Responsive Engagement (CCRE) creating a curriculum for certify tomorrow's leaders

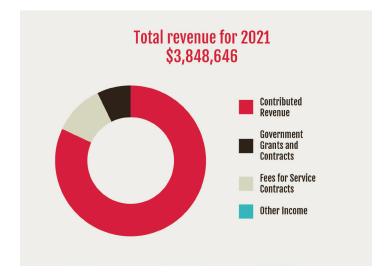


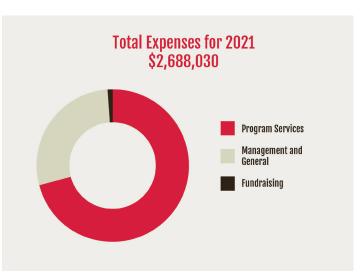
"The Gathering was a wonderful experience because it challenged me intellectually, emotionally, and spiritually. The conversations with my peer fellows provided great intellectual stimulation and rich discussion about different elements of our work. Our engagement with the Wisdom Keepers, and peer fellows, included a depth of spiritual practice and enlightenment that I hardly had a point of reference for. Yet, I still found it deeply instructional and gratifying. It was also valuable to have the WKKF team in the space with us. As the leader of an organization that directly benefits from the Foundation's leadership team having a deeper understanding of the work, I was especially encouraged by their presence."

- RCPN Fellow at Tamaya Gathering

## **Financials**

Assets	
Current assets	\$3,757,277
Grants Reveivable, long-term	\$499,374
Total Assets Liabilities and Net Assets	
Current liabilities	\$575,203
Net Assets	
With restrictions	\$2,698,049
Without restrictions	\$983,399
Total net assets	\$3,681,448
Total Liabilities and Net Assets	\$4.256.651







### **Culturally-Rooted Evaluation**

#### Racial Healing Practitioners Network (RHPN)

In documenting, assessing and evaluating our work, we strive to be accountable and responsible to all stakeholders, our funders, NCN staff and the people we serve. In designing and implementing evaluation plans, mthods and instruments we do our best to follow the following principles,

- Understand success in methods and measures that are Meaningful to the participants.
- Honor the Holistic nature of experience, acknowledging rational and intuitive sources of evidence.
- Strive for **Reciprocity** between those who tell the story and the people who live it.
- Respect the values, healing practices, and ceremonies of all people.
- Support the **Purpose** of individuals, family, communities, and systems.

#### Look for our chapter;

La Cultura Cura and El Joven Noble: Culturally-Rooted Theory and Practice Formulations for Healing Wounded BMoC. By; Heriberto Escamilla Morales Ph.D., Russel Bong Vergara, Jerry Tello, Hüctor Sönchez Flores

In the book entitled:

Health Promotion with Adolescent Boys and Young Men of Colour: Global Strategies for Advancing Research, Policy, and Practice in Context Edited by James Smith, Daphne C. Watkins and Derek M. Griffith

#### Reports and Articles,

Culture-Based Healing for the Epidemic of Child Woundedness By Jerry Tello, Heriberto Escamilla, and R. Bong Vergara Edited by Ken White

### **Co-Creators** Collaborators

NCN's success has been built upon the solid and long-lasting relationships with our partners. We believe our projects are not simply collaborations, but Co-Creations. Below is a list of the organizations with whom we have worked.

- Alisal Union School District
- Blue Shield
- Brotherhood of Elders
- Coachella Valley USD
- Community Action Board
- ESUHSD Foothill High School
- Healing Generations Institute
- Healthy Communities
- Latino Community Foundation Healthy Communities Grant
- Latino Network of Portland
- Mentally III Offender Criminal Rehabilitation (MIOCR) - Extension
- Monterey Co BHB LCC and CyC Training
- Monterrey County BHS
- Montgomery County Department of HHS
- Montgomery County Public Schools
- NHLPTTC
- Robert Wood Johnson Foundation -Forward Promise
- Sacramento City Unified School District
- Salinas Building Healthy Communities
- Santa Clara County Intercultural Competency (ICC)
- Santa Clara County Mentally III Offender Criminal Rehabilitation (MIOCR)
- Santa Clara County Office of LGBTQ Affairs
- Santa Clara County Probation Department
- Santa Clara County Young Women's Warrior Fellowship Project
- Sierra Health Foundation

- Story Teller's Project
- The California Endowment (TCE)
  Healing Generations Institute (Grant No. 20201819)
- Tides Foundation
- University of Arkansas Clinton Center for Community Philanthropy
- Kellogg Foundation
- Young Women's Warrior Fellowship Project



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