





The National Compadres Network (NCN) offers culturally-rooted training programs based on our La Cultura Cura (Culture Heals) philosophy. This approach recognizes that within individuals', families', and communities' authentic cultural values, traditions, and indigenous practices exists the pathway to healthy development, restoration, and lifelong wellbeing. All training programs below are designed for various settings including philanthropic organizations, schools, community-based organizations, family resource centers, and residential recovery programs.

## A. Core Training Programs

### 1. *Cara y Corazón* (Face and Heart)

- A family strengthening, leadership development program that builds on positive cultural values and traditions. The initial phase consists of 10-12 lessons delivered weekly for 8-12 weeks at 2 hours per class. Graduates advance to a parent education support group with guest speakers on parent-chosen topics, and are encouraged to attend monthly “círculos” to develop family support systems.

### 2. *Circle Keeper Process*

- A transformative justice model based on the La Cultura Cura philosophy. This process provides the philosophical basis for gathering people in sacred spaces (Círculos) to allow natural development, growth, and healing. Circle Keepers are guided by the four values of dignity, respect, trust, and love.

### 3. *El Joven Noble* (The Noble Youth)

- A youth development, support, and leadership enhancement program developed in 1988 for youth ages 10-24. The “Jovenes con Palabra” curriculum consists of 12 sessions focusing on character development while providing a safe place to heal from high-risk factors. The program is divided into four core teachings: Conocimiento (Acknowledgement), Entendimiento (Understanding), Integración (Integration), and Movimiento (Movement).

### 4. *Girasol Girls Rites of Passage*

- A comprehensive healing-centered, indigenous-based program for young women and fem-identified youth. This curriculum, previously known as Adelante Latina, has been revised to address contemporary issues. It's divided into four sections: Girasol – Ornamental Flower (positive self-image), Girasol – Life's Duality (life's blessings and struggles), Girasol – Sacred Symbol (sacred womanhood), and Girasol – Medicine (sacred purpose, gifts).



#### 5. *Raising Children with P.R.I.D.E.: A Fatherhood Program*

- A comprehensive 10-lesson program that sensitizes, informs, and empowers young and/or new fathers. The curriculum follows the P.R.I.D.E. philosophy: Purpose, Responsibility, Interdependence, Development, and Enthusiasm. It uses an interactive, process-oriented format with each lesson following a four-step process.

### B. Core Training Programs

1. *Hombres Noble Buscando Balance*: A domestic violence intervention to guide men toward family harmony
2. *Hombres Que Cuenta*: A curriculum that strengthens parents/caretakers' ability to guide their children
3. *Fire and Water*: A segment of the Joven Noble program addressing anger/violence and substance abuse
4. *Transformational Learning*: Implementation support for educational institutions

